

California Department of Developmental Services Regional Centers

To be eligible for services, a person must have a **disability that begins before the person's 18th birthday**, be expected to continue indefinitely and present a substantial disability as defined in Section 4512 of the California Welfare and Institutions Code. Eligibility is established through diagnosis and assessment performed by regional centers.

Infants and toddlers (age 0 to 36 months) who are at risk of having developmental disabilities or who have a developmental delay may also qualify for services. In addition, individuals at risk of having a child with a developmental disability may be eligible for genetic diagnosis, counseling and other prevention services. **For information about these services, see Early Start.**

For more information you may access the following website: <https://www.dds.ca.gov>

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Regional centers provide diagnosis and assessment of eligibility and help plan, access, coordinate and monitor the services and supports that are needed because of a developmental disability. There is no charge for the diagnosis and eligibility assessment. Once eligibility is determined, a case manager or service coordinator is assigned to help develop a plan for services.

Some of the services and supports provided by the regional centers include:

- Information and referral
- Assessment and diagnosis
- Counseling
- Lifelong individualized planning and service coordination
- Purchase of necessary services included in the individual program plan
- Resource development
- Outreach
- Assistance in finding and using community and other resources
- Advocacy for the protection of legal, civil and service rights
- Early intervention services for at risk infants and their families
- Genetic counseling
- Family support
- Planning, placement, and monitoring for 24-hour out-of-home care
- Training and educational opportunities for individuals and families
- Community education about developmental disabilities

Regional Center information (refer to enclosed information below)



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Below is a list of all the Regional Centers located in California.

<p><u>Alta California Regional Center</u> 2241 Harvard Street, Suite 100 Sacramento, CA 95815 (916) 978-6400)</p>	<p>Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo, and Yuba counties</p>
<p><u>Central Valley Regional Center</u> 4615 North Marty Avenue Fresno, CA 93722-4186 (559) 276-4300</p>	<p>Fresno, Kings, Madera, Mariposa, Merced, and Tulare counties</p>
<p><u>Eastern Los Angeles Regional Center</u> 1000 South Fremont Alhambra, CA 91802-7916 Mailing Address: P.O. Box 7916 Alhambra, CA 91802-7916 (626) 299-4700</p>	<p>Eastern Los Angeles county including the communities of Alhambra and Whittier</p>
<p><u>Far Northern Regional Center</u> 1900 Churn Creek Road, #319 Redding, CA 96002 Mailing Address: P. O. Box 492418 Redding, CA 96049-2418 (530) 222-4791</p>	<p>Butte, Glenn, Lassen, Modoc, Plumas, Shasta, Siskiyou, Tehama, and Trinity counties</p>
<p><u>Frank D. Lanterman Regional Center</u> 3303 Wilshire Boulevard, Suite 700 Los Angeles, CA 90010 (213) 383-1300</p>	<p>Central Los Angeles county including Burbank, Glendale, and Pasadena</p>
<p><u>Golden Gate Regional Center</u> 1355 Market Street, Suite 220 San Francisco, CA 94103 (415) 546-9222</p>	<p>Marin, San Francisco, and San Mateo counties</p>
<p><u>Harbor Regional Center</u> 21231 Hawthorne Boulevard Torrance, CA 90503 (310) 540-1711</p>	<p>Southern Los Angeles county including Bellflower, Harbor, Long Beach, and Torrance</p>
<p><u>Inland Regional Center</u> 1365 S. Waterman Ave. San Bernardino, CA 92408 Mailing Address: P. O. Box 19037 San Bernardino, CA 92423 (909) 890-3000</p>	<p>Riverside and San Bernardino counties</p>
<p><u>Kern Regional Center</u> 3200 North Sillect Avenue Bakersfield, CA 93308 (661) 327-8531</p>	<p>Inyo, Kern, and Mono counties</p>
<p><u>North Bay Regional Center</u> 610 Airpark Road Napa, CA 94558 (707) 256-1100</p>	<p>Napa, Solano, and Sonoma counties</p>

Regional Center Services and Descriptions

Service offered by Regional Center	Service Description	Ages 0-3	Children's Services	Adult Services
Adult Day Centers/Programs	There are several options for adult consumers to go to during the day. In these programs, adult consumers learn new skills, socialize, and have their care needs met. Some of these programs may specialize in various care needs such as: -Community integration -Creative arts -Health care needs -Mobile in-home programs			✓
Behavior Management Services	Services that provide a variety of health care professionals to address behavioral challenges in various settings. For some of these services the primary funding sources are Medi-Cal or private insurance.	✓	✓	✓
Client/Parent Support/Behavior Intervention Training	Services to train the consumers' support system that assists the consumer to improve his/her behavior.	✓	✓	✓
Crisis Intervention Facility/Bed	Temporary 24-hour residential treatment for consumers who are in crisis.		✓	✓
Crisis Team - Evaluation and Behavioral Intervention	Crisis support teams who can mobilize in the community when a consumer is in short-term behavioral crisis.		✓	✓
Day Care Services	Services that can provide supervised daytime care to consumers. The regional center may pay only the cost of the day care service that exceeds the cost of providing day care services to a child of the same age without disabilities. The regional center may pay in excess of this amount when a family can demonstrate a financial need and when doing so will enable the child to remain in the family home.	✓	✓	✓

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Durable Medical Equipment	Special medical equipment and medical related supplies for consumers' medical care needs. These products may include the following: -Diapers -Eyewear and hearing supplies -Mobility equipment such as walkers and wheelchairs -Nutritional supplies -Orthotics and prosthetics -Positioning and adaptive equipment	✓	✓	✓
Early Start Therapeutic Services	Services focused on the therapeutic needs of children ages 0-3 years.	✓		
Employment Programs	There are several services that focus in the areas of helping adult consumers in obtaining employment. There are various levels of supports to meet consumer's employment needs. Some of the employment services may include the following: -Day programs that offer employment and training -Group-Focused Employment Services -Individualized Employment Services			✓
Family Home Agency	Certified family homes where consumers reside. The family helps consumers with day-to-day care needs and includes them in family activities.			✓
Foster Grandparent/Senior Companion Programs	The Foster Grandparent Program (FGP) connects school-age consumers with a senior volunteer in a school setting. The Senior Companion Program shares the same philosophy and goals as the FGP; however, Senior Companions volunteer to mentor regional center consumers who are 21 years of age or older.			✓
Health Care Facilities	Facilities that provide skilled nursing services and inpatient care to consumers who would not be able to live on their own or in a care home due to the severity of their care needs.	✓	✓	✓

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Home Health Supports	Health care services provided in a consumer's home. These services may include the following: -Chore services -Home health aide -Nursing services	✓	✓	✓
Housing Support Services	Services may be provided to consumers to assist them with living on their own. Some of these services may include: -Accessibility Services -Money Management -Parenting Support Services -Repair Services		✓	✓
Increase Community Access	Regional centers can help consumers become independent by learning how to drive or help with modifying vehicles to fit their needs. Some of these services may include: -Driver's Training Programs -Vehicle Modification Programs		✓	✓
Independent Living Services	Training for consumers to learn and improve home and community life skills. Services may be provided in the consumer's home, family home or residential facility.			✓
Infant Development Services	Services designed to aid in the developmental needs of children ages 0-5 years.	✓	✓	

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Medical Specialists and Professionals	Regional centers contract with various medical professionals to aid in the special healthcare needs of consumers. Some of these specialists may include the following: -Audiologists/Optometrists -Dentists -Dietitians -Genetic Counselors -Nurses -Psychologists/Psychiatrists -Surgeons/Physicians	✓	✓	✓
Mobility Training	Services to help consumers learn to use public transportation in their community. This can help increase independence in the community.			✓
Out-of-Home Respite Services	Services that provide a break from the daily care needs of a consumer to their family or caregiver. This respite occurs outside of the family home.	✓	✓	✓
Parent Coordinated Services	Special service that allows a consumer's parent or trusted community member to coordinate services and staff to meet the care need of the consumer. Some of these services may include: -Behavioral Supports -Nursing -Personal Care -Supported Living	✓	✓	✓
Personal Emergency Response System	Emergency support services for a consumer 24-hours per day in the event of a medical or mental health crisis.	✓	✓	✓
Pharmaceutical Services	Services that allow regional centers to purchase medications for consumers when they are unable to access health care insurance.	✓	✓	✓

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Residential Care Homes	Care homes that provide a safe place for consumers to live. They are licensed homes that have 24-hour support staff. There are several different kinds of care homes that support the unique needs of each consumer. Some of these homes may include: -Behavioral care needs -Children and adult care homes -Elder care needs -Medical care needs	✓	✓	✓
Respite Services – In-Home	Services provided in the family home that enable a caregiver or family member a break from the daily care needs of the consumer.	✓	✓	✓
Social/Recreational Services and Non-Medical Therapies	Regional centers can offer various ways for consumers to have recreational opportunities and promote wellness through various methods. Some of these services may include: -Camping -Social Recreational Activities -Specialized Art Therapy -Dance Therapy -Music Therapy Effective July 1, 2009, therapeutic services were suspended. An exemption may be granted on an individual basis.			
Self-Determination	Program options that provide children and adult consumers freedom, control, and responsibility in choosing services and supports to help meet their needs.	✓	✓	✓
Specialized Transportation	Regional centers offer a variety of options to help consumers access the community when they are unable to do so on their own. Some of these options may include: -Family member paid transportation -Medical transport -Non-medical transportation -Public transportation such as a taxi or city bus	✓	✓	✓

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Speech Services	Services that help consumers improve communication and social function skills.	✓	✓	✓
Supplemental Program Supports	Additional staff that are added to a consumer's support system when they are in crisis or need additional supports to continue using the services they are receiving. These services are typically in place temporarily until the consumer is no longer in need. These supports may be used in the following areas: -Community -Day Program -Residential		✓	✓
Supported Living Services	Services provided to consumers who live on their own who need up to 24-hour support.			✓
Therapies	Regional centers can provide therapies specific to consumers' specialized needs. These therapies may include: -Counseling -Occupational Therapy -Physical Therapy -Respiratory Therapy	✓	✓	✓
Translator/Interpreter Services	Services to help consumers and their families communicate when they speak a language other than English.	✓	✓	✓