



INITIAL HEALTH ASSESSMENT GUIDELINES

Guidelines:

The Department of Health Care Services (DHCS) requires primary care physicians (PCPs) to complete the Initial Health Assessment (IHA) for all new members within mandated timeframes as follows:

For children under the age of 18 months: within 60 calendar days following enrollment, or within the timelines established by the American Academy of Pediatrics (www.aap.org) for ages two and younger, whichever is less.

For children 18 months and older: within 120 calendar days of enrollment. The assessment must include the elements of the California Child Health and Disability Prevention (CHDP) Program (www.dhs.ca.gov/pcfh/cms/chdp); arrange for immunizations necessary to ensure that a child is up-to-date for their age; and include an age appropriate health education behavioral assessment.

For adults over the age of 21: within 120 calendar days of enrollment, and should include an initial complete history and physical examination as well as a health education behavioral risk assessment.

Each month, Network Medical Management provides a list of newly enrolled members due for an IHA. In addition, a list is made available through the NMM web Portal <https://provider-portal.nmm.cc>

Important notes about IHA Requirements:

- The IHA must be conducted in a culturally and linguistically appropriate manner for all patients, including those with disabilities.
- PCPs are required to contact members to get the IHA scheduled.
- If unsuccessful with getting the IHA scheduled, PCPs are required to make at least three documented attempts that demonstrate their unsuccessful efforts to contact a member to schedule an IHA, including at least one telephone contact and one written contact.
- New members who change their PCP within 120 days of enrollment are still required to receive an IHA within the initial 120-day period. If an IHA was completed by the previous PCP, the new PCP should obtain a copy of the previous IHA to receive credit for completion.

For additional information regarding IHA, please refer to your provider manual or contact the Provider Relations Department.